

E-NEWSLETTER

Issue 50

JULY 2023

CELEBRATING THE ACHIEVEMENTS OF THE MALTESE LANGUAGE CLASS PROGRAM AT THE MALTESE CENTRE NYC SUNDAY, JUNE 18TH



The Maltese Presence in North America Issue No. 50 **July 2023**

Editor Dan Brock

Proofreader Mona Vella-Nicholas Copy Editors Mark Caruana Maria Pia Gauci

Contributors to This Issue **AUSTRALIA** Canberra Barry York **New South Wales** Mark Caruana

CANADA

Ontario **Miriam Allistone** Mary Rose Aquilina Maltese Canadian Cruisers Richard S. Cumbo Fr. Rov Farrell MCACH Mary Ann Piscopo

USA

California

Rita Borg Evelyn and Dennis Simmons Idaho Mary Anne Pace Michigan Mark Trzeciak **New York** Maltese Centre NYC

MALTA

Gozo Dr. Raymond Xerri **Emanuel Tabone** Malta Stephanie Schembri

EDITORIAL COMMENT

A wealth of activity has taken place, these past several weeks, within the various Maltese organizations in Canada and the United States. There have been dinners. picnics. luncheons. festas, the celebration of other occasions, and special visits.

This, in turn, is part of the reason it themselves and their activities. is appearing so late in the month!

The most exciting news for Maltese Canadians of late has to be the announcement that the Republic of Malta is to establish a High Commission in Ottawa. Heretofore. the Hiah Commissioner to Canada worked out of Washington, DC. (See page 4.)

What has been of great interest to me personally is the discovery of a lone Maltese immigrant to Canada during the Second World War and then making contact with a daughter of his in Boise, Idaho. (See pages 21-23.)

Another "blast from the past" is Mark Trzeciak's 1956 photo of the Maltese Soccer Club of Detroit. (See page 36.)

I'm grateful to all those who contributed material for this issue. Amona these are individuals like Miriam Allistone, Mary Anne Pace, and Stephanie Schembri. Thank you.

Owing to the kindness and efforts 21. Robert Joseph Pace: Only of Evelyn and Dennis Simmons of California, all issues and the latest "Table of Contents" are posted on the web page of the Maltese-American Social Club of San Francisco at http://malteseamericanscsf.org/home.aspx. Click on to "News & Resources."

If you would like to listen to Maltese-language radio programs I would suggest that you go to 26. Toronto's Maltese-Canadian 3ZZZ by clicking onto the following url:

https://www.3zzz.com.au//shows/

maltese/. You may contact Paul Vella in Australia at paul.vella44@gmail.com to be put 27. Gbejna on the weekly mailing list.

If you have ideas to share, wish to be put on the free, bcc electronic mailing lists, would like to learn the newsletter's advertising rates, etc., I may be 36. Detroit's Maltese Soccer Club reached at danbrock62@gmail.ca.

Organizations and associations Almost every day I found in North America are encouraged something to add for this issue. to use this e-newsletter to promote

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ST. PAUL THE APOSTLE PARISH, **TORONTO, CANADA**

From the Desk of Fr. Roy...



Dear Parishioners of St. Paul the Apostle,

Fr. Roy Farrell, a diocesan priest within the Archdiocese of Toronto, is administrator of St. Paul the Apostle, Toronto, the only Maltese parish outside Malta worldwide.

Parish Bulletin June 10th-11th

The Feast of Corpus Christi, or the Feast of the Body and Blood of Christ (as it is often called today), goes back to the 13th century. But it celebrates something far older: the institution of the sacrament of Holy Communion at the Last Supper.

On September 8, 1264, Pope Urban IV issued the papal decree which established the Feast of Corpus Christi as a universal feast of the Church. It was to be celebrated on the Thursday following Trinity Sunday.

As time passed, the celebration was expanded to include a Eucharistic procession. The Sacred Host was carried in a monstrance around the town, with hymns and litanies. The faithful would venerate the Body of Christ as the procession passed by.

A common practice of blessing and distributing loaves of bread in honour of Saint Anthony [of Padua Saints Peter and Paul. These trailblazers enabled in Italy and of Lisbon or Alfama in Portugal] is known Christianity to spread quickly across the globe. St. as Saint Anthony's Bread. It is traditional to give Paul is held in high esteem in Malta and Gozo. St. alms to those in need in appreciation for the Paul has acted as a protector and guardian for the blessings granted through the prayers of St. Anthony. Sometimes the alms are given for the introduced the Catholic faith. education of priests. In some places, parents also make a gift for the poor after placing a newborn child it requires two days of celebration. Each year, locals under the protection of St. Anthony.

Parish Bulletin June 17th-18th

throughout the years, I have realized that the role of stories. a father is exceptionally challenging. It requires a well-thought-out plan in order to be successful.

The foremost duty of a father is to be present. Being a father is more than just a biological function. Fatherhood is about providing the good soil for the seed to sprout.

It is important for fathers to consider whether they are satisfying God with their behaviour and with the values they import in their homes. Whom should we strive to please the most within our households? It is intriguing to contemplate what a home would look like if pleasing God were the controlling force for all aspects of it.

I came across a story that speaks for itself. A father was watching his young son trying to dislodge a heavy stone. The boy couldn't budge it. "Are you sure you are using all your strength?" the father asked. "Yes, I am," said the exasperated boy. "No, you are not," the father replied. "You haven't asked me to help you."

Parish Bulletin June 24th-25th

I was looking forward to celebrating my first Imnaria this coming Saturday at the park. Because of the possibility of thunderstorms, the event has been cancelled and will be rescheduled at a later date. Everything that occurs has a purpose.

Our social committee invites you to join us for a parish gathering on Saturday 2 PM - 9 PM and Sunday 10 AM – 2 PM.

The word Imnaria is derived from the Latin term Luminare - to illuminate. This was how the Maltese people expressed their joy in recognizing the June 29th feast. Depending on the village, there were different customs and traditions, [but only in Busketto Gardens was L-Imnarja celebrated].

This annual feast has been a tradition in Malta and Gozo for generations. It began during the Middle Ages, before the Knights of St. John, honoring Island since he was shipwrecked there and

This festival in Malta and Gozo is so important that and tourists alike look forward to the opportunity to indulge in the exquisite flavors of Maltese cuisine.

The parishioners speaking of past celebrations Through conversations I have had with fathers were filled with a joy that could be felt through their

> I am looking forward to having the leisure of meeting everyone this weekend.

July 2023

MALTA TO ESTABLISH A HIGH COMMISSION IN OTTAWA. CANADA

Dan Brock

announced, on July 4th, that Malta would establish a million contract. High Commission in Ottawa in October of this year.

Heretofore, Canada has been the only G7 country in which Malta did not have an embassy.

This move will enhance bilateral relations between Malta and Canada as well as services already provided by the Consulate General of Malta in Toronto

Dr. Mark Anthony Pace, Ambassador to The Netherlands since 2020, has been nominated as Malta's first resident High Commissioner in Canada.



H.E. Dr. Mark Pace

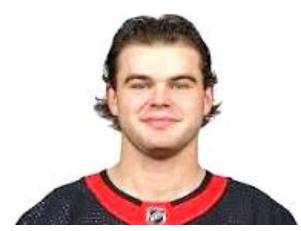
Dr. Pace has an impressive 28 years of diplomatic service to his credit. His career had taken him to Brussels, CALIFORNIA Moscow. Washington, Strasbourg, Ramallah, and Tunis before being posted to The Netherlands.

knowledge of Dutch, Russian, and Spanish.

ALEX DeBRINCAT TO PLAY FOR THE DETROIT RED WINGS

Dan Brock

At last, the pleas of the Maltese community in National Hockey League (NHL) right winger Canada have been heard. H.E. Ian Borg, Minister of Alex DeBrincat, aged 25, has been signed to Foreign and European Affairs and Trade, the Detroit Red Wings with a four-year, \$7.875



Alexander DeBrincat, of Farmington Hills, Michigan, is the son of David and Tracev DeBrincat.

In 2014, he signed with the Erie Otters of the Midwest Division of the Ontario Hockey League. He was selected by the Chicago Blackhawks in the second round of the 2016 NHL Entry Draft. During the 2021-22 season with the Blackhawks, he had 41 goals and 37 assists. He played for the Ottawa Senators in 2022-23 and scored 27 goals with 39 assists.

* * *

ACTIVITIES WITHIN THE MALTESE COMMUNITIES

Dan Brock

Maltese-American Social Club of San Francisco

A Family Bingo & Pasta Dinner was held at the In addition to being fluent in Maltese, English, Club on Saturday, July 8th. Dinner was served at Italian, and French, Dr. Pace has a working 5:00 p.m. and bingo began at 6:00 p.m. (See pages 31-33.)

GOZO

Maltese Canadian Association (Gozo)

Saturday, July 1st with a flag-raising ceremony at July 20th. 9:00 a.m. at the Emigrants' Memorial, Mgarr, Gozo and an evening celebration at the Country Terrace, beginning at 7:00 p.m. (See pages 24-26.)

Alternative plans were also in the works to hold a barbeque, around 5:00 p.m. on Canada Day, on Xwenji Beach near Marsalforn. Kids and pets would be welcomed. Canadian flags would be in evidence along with real Canadian beer, burgers, ribs, pork chops, T-bone steaks, and chicken wings, while listening to the music of Blue Rodeo, Diana Krall, Leonard Cohen, and Justin Bieber.

NEW YORK CITY

Maltese Center: Astoria

L-Imnarja and il-Festa ta' San Gwann were celebrated at the Centre on the evening of Saturday, June 17th. (See pages 9-10.)

The Festa ta' Santa Marija BBQ will take place at the Centre on the evening of Saturday, August 12th.



MICHIGAN

Maltese American Benevolent Society, Inc

A luncheon was held at noon on Friday, May 19th, for the President of Malta, his wife and his delegation and guests. (See pages 7-8 and 32.)

A novena was held at the Basilica of Ste. Anne de Detroit, as a celebration of Western European The Association celebrated Canada Day on Culture, including that of the Maltese, on Thursday,



ONTARIO

Greater Toronto Area

Melita Soccer Club, Inc.

Fenkata was held at the Club on the evening of Friday, June 23rd. (See pages 13-16.)

A bus trip to Niagara Casino took place on Saturday, June 17th.

This past Saturday, June 22nd, saw a bus trip to Casino Rama.

St. Paul the Apostle Parish

As a Corpus Christi procession could not be held outside the church, without a permit from the City of Toronto, a Holy Hour took place at 3:00 p.m., on Sunday, June 11th within the church. There were four designated stops. Each station included a gospel passage, a prayer, and a period of silent prayer, concluding with the special Corpus Christi litany. Following Holy Hour, light refreshments were available in St. Joseph's Room in the Parish Hall.

Tuesday, June 13th being the Memorial of St. Anthony, bread was blessed and distributed, following the 9:15 a.m. Mass.

With the cancellation of L-Imnarja, planned for Saturday, June 24th, St. Paul's Kitchen Committee held a bake sale in the Parish Hall and made \$3,424 for the Parish.

By the weekend of July 1st-2nd, \$3,540 had been raised in the Parish towards the goal of \$10,000 for ShareLife, an annual campaign of the Archdiocese of Toronto.

Maltese Canadian Federation

Malta Band Club

afternoon of Saturday, July 15th. There were games Federation, in association with the Maltese Canadian for the children and bocci and super tombla for the Business Network Association, has rescheduled adults.

The Club will celebrate the village feast of Hamrun, Malta, by presenting the 2023 San Gaetano Lehen Malti Celebration on Saturday August 5th. There will be great food, great music, and great company.

The members of the Malta Band Club have supported St. Paul the Apostle Mission Group's ongoing assistance to Bishop Giovanni Cefai and his community in Peru for the past few years. On Friday, August 11th, members and friends of the Club will have an opportunity to meet Bishop Giovanni and learn more about his work in Peru when he visits the Club for an evening of dining and socializing.



The semi-annual general meeting will take place at 3:00 p.m., Sunday, August 13th.

Maltese-Canadian Cruisers

The second Show and Shine of the season was held at the Malta Band Club from noon until 4:00 p.m., on Sunday, June 25th. (See pages 16-18.) On Sunday, July 16th, the third Show and Shine was held at the Malta Band Club from noon until 3:00 p.m. only, owing to the threat of rain.

Owing to the possibility of thunderstorms, Imnarja MaltaFest at Runnymede Park in Toronto on A Family Picnic was held at the Club on the Saturday, June 24th had to be cancelled. The MaltaFest for Saturday, September 23rd.



OMNI Alberta Saturdays 2:00 p.m.

Hamilton

Maltese Canadian Association of the City of Hamilton (MCACH)

The Association had a beautiful day, on Sunday, June 25th, for its **Summer Picnic** at **LaSalle Park** in Burlington. (See page 19.)

London

A picnic was held for the Maltese community and friends at Springbank Park on Friday, July 7th. (See pages 29-31.)

The next luncheon is planned for Thursday, August 17th at the Mandarin Restaurant on Wellington Street.

According to the late architect Angelo Dougall, based on information he found in the Jesuit Relations in the 1640s, the Knights of Malta were asked to send Maltese soldiers to New France (now Canada for the most part) to protect the Jesuit missions among the natives. Angelo was a native of Senglea, Malta.

While living in Windsor, Ontario, between 1964 and 1978, he managed to find the time to do research on the Maltese of Canada and Michigan State at the Detroit Public Library's Burton Historical Collection and the Universities of Windsor and Toronto.

LADIES' LUNCHEON WITH THE FIRST LADY AT THE MELITA SOCCER CLUB REVISTED

Dan Brock

As noted in the June issue, a Ladies' Luncheon in honour of Mrs. Miriam Vella, the First Lady of Malta, was held at the Melita Soccer Club in Toronto at noon, on Friday, May 26th.

Having recently joined the Melita Soccer Club on Facebook, I "discovered" several photographs, posted by H.E. George Vella, President of Malta, Denise Demicoli, Consul General of Malta to Toronto, and Mary Anne Piscopo, Secretary of the Melita Soccer Club, which I had not seen before. I'm now sharing some of them with our readership.













JUNE LUNCHEON IN LONDON, ONTARIO

Dan Brock

On the afternoon of Thursday, June 15th, more than 20 of us gathered at The Pickle Barrel on Wellington Street for our monthly luncheon.



This, as we no longer have a club, is one of the ways in which we try to keep the Maltese community and friends in the London area in touch with one another.

* * *

L-IMNARJA/SAN ĠWANN BBQ

Maltese Center NYC

On the evening of Saturday, June 17th, we held our *Imnarja/San Ġwann* BBQ event. We were honored to have the Ambassador of the Republic of Malta to the United States of America, H.E. Godfrey Xuereb, and his wife, Dr. Kay Xuereb, join us for the evening.





As you know a lot of planning goes into all our events to run smoothly. That day, after we set up the outdoor garden beautifully for the event, the winds picked up just after 6:00 p.m. and the skies darkened. Without hesitation this event was going to be, rain or shine, and everything, the tables, the food, and the drinks, was moved inside into the lower hall. Then it rained! We saved this event because of our volunteers; they rescued the event from being a damp one to a vibrant one! Thank you volunteers for your tireless dedication and thank you to the guests for attending and thank you Ambassador Xuereb for sharing the evening with us.







CELEBRATING THE ACHIEVEMENTS OF OUR MALTESE LANGUAGE CLASS PROGRAM

Maltese Centre NYC

Our Maltese Language Class program ended for the summer break on Sunday, June 18th. We would like to thank our amazing Maltese language teacher Mrs. Rita Grech for creating another wonderful successful program for the children and this year for the adult learners. We are so blessed to have such a passionate teacher and dedicated volunteers that helped support her. Thank you to everyone who volunteered and donated to the program and activities.















* * *

FENKATA AT THE MELITA SOCCER CLUB

Mary Ann Piscopo

Fenkata, on the evening of Friday, June 23rd saw a full house with 68 in attendance.







We served only fried rabbit, potato wedges and veggies cooked by Tony Laloj Saliba.



The entertainment was *l-għana*, the traditional folk song music of Malta. Philip Spiteri and Frank Apap were the singers, while the guitarists were Charlie Tanti, Charlie Micallef, Rocco Schembri, and Joe Astarita.

















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JUNE SHOW & SHINE

Maltese Canadian Cruisers

For dessert there was watermelon and Italian rum cake.



Fun was had by all.



The second Show & Shine of the season was held at the Malta Band Club in Mississauga, Ontario, on Sunday, June 25th.



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The Maltese Presence in North America





A BEAUTIFUL DAY FOR A PICNIC

MCACH

On Sunday, June 25th, between the hours of 11:00 a.m. and 3:00 p.m., the Maltese Canadian Association of the City of Hamilton (MCACH) held its Summer Picnic at LaSalle Park in Burlington, Ontario.







WIRT MALTA THE LEGACY OF MALTA

Dan Brock

Wirt Malta was a very fine magazine published by the Maltese Cultural Association (Canada) in Toronto. It contains a wealth of information relating to Malta's culture and I treasure all 12 issues in my possession.

The first issue appeared in November/December 1991 and was sent out free to anyone believed to have been Maltese and living in Canada.

It was originally intended to be published bi-monthly but appeared less and less frequently, the twelfth, summer of 1996.

Ð (D

Joe Camilleri edited the first issue. He was succeeded by Alex Morana. Margaret Mifsud, who had been editor designate for issues four and five, became editor with issue number six which appeared in November 1993. The last issue for which she was editor was number ten (April 1995). The next two issues were overseen by its three managing editors: Paula Aquilina, Carmel Camilleri, and David Vella.

The fourth issue became the first to be sold internationally. By then, the magazine's main objective was "to promote the Maltese identity and Maltese language among Maltese around the world."

The subscription rate for four issues in Canada was \$12. Subscription services were also available in and apparently the last, issue appearing in the Australia, Malta, New Zealand, the U.K., and the USA.

A VISIT FROM CHARLIE CAMILLERI

Maltese Center NYC

On Friday June 30th we had a surprise visitor from Sydney, Australia, the Maltese singer and song writer Charlie Camilleri, singer of the beloved Maltese song "Roża Marie." It was a pleasure to welcome him and his family. And of course, he had a try at *boćći*!







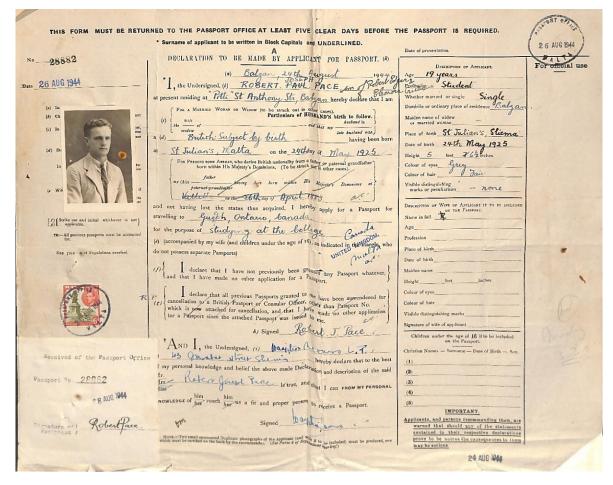


ROBERT JOSEPH PACE: ONLY MALTESE TO IMMIGRATE TO CANADA DURING THE SECOND WORLD WAR*

Dan Brock

Young Robert Pace left Malta, aboard the Allied troopship *Ville D'Oran* on September 4, 1944, to a port where he boarded an ocean-going troopship en route for Canada. He had received a scholarship to attend the Ontario Agricultural College (OCA, now part of the University of Guelph) in Guelph, Ontario.

According to his passport application, he was born in St. Julian's, Malta, on May 24, 1925, although in later documents he would give his place of birth as Sliema. By 1944, Robert was living at "Pitti" on St. Anthony Street in Balzan.



Courtesy of National Archives of Malta, Rabat, Malta

Robert was the youngest child of Robert Edgar and Eleanora (Cristiano) Pace who were living at 5 Phoenix Flats, Thorton Street in Sliema by 1948. His siblings were Louis, John, Mary, Paul, and Lucy.

After graduating in entomology—the study of insects—in 1948, Robert crossed over to the United States, at Port Huron, Michigan, on August 13, with the intention of joining his brother John, who was then living at 451 South Oxford Avenue in Los Angeles, California.



Robert Pace's Passport Photo, 1944 Note the rust stain from the iron pin used to attach the photograph to the passport application.

On his record of naturalization, dated December 2, 1949, Robert was living at 681 Shatto Place in Los Angeles and described himself as an entomologist.

Sometime between 1948 and 1950, Robert's father had died and his mother immigrated to Los Angeles. At the time of the 1950 Federal Census, Eleanor was living with her unmarried sons, John and Robert, at 108 Shatto Place and was known as Lily. She was 40 years older than Robert, who was 17 years younger than John. John was employed as a mechanical engineer and Robert as an entomologist.

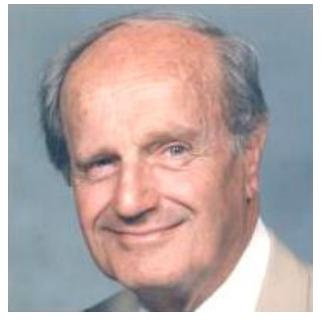
He served in the U.S. Army during the Korean War.

Robert, commonly known as Bob, worked in sales in the chemical agricultural industry for 40 years. Of him it was said that he possessed "a sincerity that would allow him to sell charcoal to a chimney sweep."

Bob's work took him around California, then to Arizona and, in 1972, to Boise, Idaho, where he would live the remainder of his life in the family house built in 1972 at 10350 Elmorado Ct. Family members continued to live here until 2020.



10350 Elmorado Ct., Boise, Idaho



Bob Pace in Later Years

On August 23, 1952, in Hollywood, California, he After retiring from sales, Bob embarked on a married Gloria Elaine Seaman, who was nearly five second career as Executive Director of the Idaho years younger than him. They were to have two Agricultural Chemical Association. daughters: Cindy and Mary Anne.

An avid tennis player, Bob was a member of the A few years ago, the trophies found a home at the Boise Racquet and Swim Club for many years. He Melita Soccer Club. Both large trophies were for was also accomplished at soccer and swimming, playoffs. The names of all the winners over the years and enjoyed traveling.

Bob was a long-standing member of St. Mark's Catholic Church, on West Northview Street, in Boise. He died on July 1, 2012, and the Mass of Christian burial was held at St. Mark's on July 6th. Internment took place in Boise's Cloverdale Memorial Park. Bob's widow, Gloria Pace, died on January 9, 2023.



I would like to thank Bob and Gloria's daughter Mary Anne Pace of Boise, Idaho, Stephanie Schembri, of Customer Services at the National Archives of Malta, and Mark Caruana of NSW, Australia for their assistance in the preparation of this article.

* Mark Caruana and I have found but one other person of Maltese birth who came to Canada during the War, namely Barbara (Shoosmith) Parisi, also in 1944. As her parents were English and only in Malta a short while before returning to England, we don't consider her as Maltese.

RECENT DONATIONS TO TORONTO'S MALTESE-CANADIAN MUSEUM BY THE MELITA SOCCER CLUB

Richard S. Cumbo, Curator

Through the cooperation of the Vice President of the Melita Soccer Club, Ms. Mary Ann Piscopo, two large trophies have been donated to the Maltese-Canadian Museum at St. Paul's Church complex.

For decades the Maltese-Canadian Bowling League was an active participant within the Maltese community. As a matter of fact, in 2001 it celebrated its 40th anniversary.

are engraved on both.



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Two photo albums belonging to the league were also donated to the Museum. The Melita Club also donated many books in Maltese. These along with THE GOZO MALTESE CANADIAN ASSOCIATION books donated by former Consul General of Malta Mr. Alfred Dalli have greatly increased the number of books in Maltese being housed at the Museum. Mr. Dalli had also donated various objects appropriate for the Maltese-Canadian Museum.

This year marks the 60th anniversary of the Melita Soccer Club.

* * *

READERS' COMMENTS

Wow! What splendid articles regarding President Vella and his wife, Mariam Vella, about their recent visit to Canada, and the U.S. in your June 2023 edition of "The Maltese Presence in North America."

The President and his entourage certainly had a very full agenda and fruitful discussions with many groups and various people.

I especially enjoyed the article regarding the Maltese-Canadian Museum in the Junction area of Toronto. Richard Cumbo, Curator, and his team of wonderful volunteers have worked tirelessly to bring this Museum to fruition, and they appreciate all the various artifacts that many Maltese people across Canada continue to donate.

Again. congratulations on another absolutely splendid publication that I am sure, I speak for many Maltese people, we look forward to reading each edition.

Mary Zarb, Mississauga, Ontario

Thanks for your journal. I read it from cover to cover ... and find it extremely interesting. Frank Scicluna, Adelaide, Australia

I wanted to congratulate you on an excellent June edition of "The Maltese Presence in North America." I would be grateful if you could add me to your mailing list and also let me know if I can be of any help to the publication.

> Dr. Godfrey Carmel Xuereb, Ambassador of the Republic of Malta to the United States

Well done, and as usual, I truly enjoyed reading most of the interesting articles.

Keep up the good work!

Carmen Galea, Toronto

CELEBRATES CANADA DAY

Dan Brock

On Saturday, July 1st, the Gozo Maltese Canadian Association celebrated Canada Day, an annual event among its members who had founded the Association in 1996.

The first order of the day was the raising of the Maltese and Canadian flags at the Emigrants' Monument and the playing of the national anthems.



The Maltese Presence in North America

July 2023



Dr. Raymond Xerri Places Flowers at the foot of the Monument

The Monument itself was erected in April 2002 by the Association, with financial support from the late Charles Puglisevich of Canada, for all those of the Gozitan Diaspora.







Celebrations continued in the evening, again like the year before with a dinner at the Country Terrace in Mgarr, Gozo.



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TORONTO'S MALTESE-CANADIAN MUSEUM GAINS TWO MORE VOLUNTEERS

Richard S. Cumbo, Curator

We welcome Mary Agius and Mary Zarb as the latest volunteers at the Museum.

The photo below was taken recently by Rita Aplit during a coffee break. Absent on this occasion were Marthese Fenech, Mike Gouveia, and Nigel Klemen Puglisevich.



Seated: Carmen Galea, Debbie Lightfoot, Rose Cassar, Mary Zarb, and Mani Mifsud Standing: Mary Agius and Richard Cumbo

* * *

GOZITANS PAY TRIBUTE TO THE UNITED STATES ON INDEPENDENCE DAY

Dr Raymond C. Xerri*

A gigantic US flag is flowing on a very tall (60 ft) pole at In-Nadur each year on the 4th of July. This symbolic gesture seen from most of the Maltese Islands serves as a tribute to the United States for providing thousands of Gozitans for over 250 years of migration to the USA and providing an opportunity for a better future, better job and pay, a better life. Gozitan return migrations with their accumulated wealth elevated substantially the standard of living in

Photos posted on Facebook wealth elevated subs by Emanuel Tabone and Dr. Raymond Xerri Gozo and its people.

July 2023



Observing Independence Day at home in Qala, Gozo

* Dr. Xerri, born of Gozitan parents in New York City, is the former Consul General of the Republic of Malta in Toronto.

ĠBEJNA

Mary Rose Aquilina

Ġbejna is derived from the Maltese word *ġobna*, which means "cheese". The *Ġbejna tan-nagħaġ* is a type of Maltese cheeselet made in Malta and Gozo. It is a small round cheese made typically from sheep or goat's milk, salt, and rennet. Most sheep's milk produced in Malta is used for the production of these small cheeses.

Milk in Malta was traditionally sold by milking goats on the streets and sold immediately as is. The unpasteurized milk sold was one of the causes of the spread of brucellosis (*deni rqiq*; "Maltese fever") in the late 19th to the early 20th century. Themistocles Zammit is credited with stopping the pandemic.

Prior to Malta's accession to the European Union, the EU accepted Malta's request to protect the gbejna along with the traditional variant of *ricotta*.

Preparation and varieties

Traditionally, *ġbejna* is shaped in a cheese hurdle made of dried reeds, although now plastic ones are also used. They are generally dried in small ventilated rooms, with windows protected by a special mesh mosquito net. Nowadays for home preparation, one can find netted covers for picnic tables that work just as well.

It is said that originally sea water, rather than rennet, was used as a curdling agent. The *ġbejna* is available both from pasteurized and unpasteurized milk.

Ġbejniet are prepared and served in a variety of forms: fresh (*friski* or *tal-ilma*), sundried (*moxxa*, *bajda* or *t'Għawdex*), salt cured (*maħsula*), or peppered (*tal-bżar*).

The fresh variety has a smooth texture and a milky flavour and is kept in its own whey in a similar manner to mozzarella. The sundried variety has a more definite, nutty taste, and is fairly hard. These can be used grated instead of parmesan cheese on any dish. The peppered variety is covered in crushed black pepper and cured, after which it may be stored in oil or pickled in vinegar. Its sharp taste becomes stronger the more it ages, and it also develops a crumbly texture.

Ġbejna is also found in many other Maltese dishes such as *soppa tal-armla*. It is often added to pasta dishes or soup to enhance flavour, as a pizza topping or as filling for *ħobż biż-żejt*.

Ġbejniet are sold in fresh, dried, or cured forms and may be seasoned with pepper or other herbs. It is served deep-fried as an appetizer, cured on a mezze platter or even fresh as a filling for pasta.



WHAT YOU WILL NEED

A non-reactive pot (stainless steel is the best) Thermometer *Ġbejniet* Molds (*Qwieleb*) Whisk Dripping Tray Insect Screen Cover

INGREDIENTS

US gallon (3.78 litres) - 2% Milk
cup skim milk powder (optional)
junket rennet pills
tbsp cold water (to dissolve the rennet)
salt (sea salt is preferable) and black pepper

METHOD

- First thing we need to do is to warm the milk. Heat it to 98-100° F. Take the pot off the stove or the milk will continue to warm up.
- 2. We then need to add the rennet mixed with the water to the milk. The liquid form can be found online but must be kept refrigerated after using.
- 3. In a small bowl, crush 2 rennet tablets and dissolve completely in 4 tbsp of water
- 4. Pour the rennet solution or liquid into the milk, and whisk gently to dissolve the rennet completely.

- 5. Cover the pot and let stand for 30 minutes for the milk to start to coagulate
- 6. Using a knife, make vertical lines into the curd, making sure not to disturb the curd too much. Cover with lid, wrap the pot in a blanket (this is a very important step) and let the milk coagulate further
- 7. Pour out as much of the whey as you can. Scoop the curd mixture into the cheese baskets and place on a dripping tray.
- 8. Grab a handful of sea salt and sprinkle it on top. (If you're concerned about the amount of salt, remember that most of it will drain out with the whey and that salt is needed to preserve the cheeselets.) Cover with an insect screen for another 2.5 hours.
- 9. After 6-8 hours, flip the cheeselets on the other side (to obtain the mold imprint on both sides). Sprinkle with sea salt again and let drip for 6 hours. Do not forget to cover with an insect screen.
- 10. This results in fresh *ġbejniet*. They can be stored in a saline solution (1 litre of water with 15 gm of salt), placed in an air tight container, and refrigerated.

All about Rennet

Rennet is the coagulant that is used to set a curd when making cheese. Traditionally rennet is made from an enzyme found in the stomachs of baby calves, goats, or lambs. Vegetable rennets are obtained from a type of mold, and there are also plant-based rennets such as thistle rennet. Rennet comes in tablet, liquid, and powder form.

To use your rennet, you first must dilute the desired amount in non-chlorinated water. (We use distilled water but if you have a good filter on your water source, that will generally take all the chlorine out of the water.) If using rennet tablets, just be aware that 1 tablet = 1 teaspoon and when you dilute it in the water it won't actually dissolve. Use your diluted rennet within 30 minutes or it will lose its effectiveness.

Rennet has a limited shelf life. Liquid rennet lasts for 7-8 months when refrigerated and tablets last for up to 2 years when stored in the freezer. If you are unsure how old your rennet is or whether or not it is still effective, you can do the following test:

- Heat 1 cup of milk to 90° F.
- Dilute ¼ tablet or ¼ tsp liquid rennet in ½ cup non-chlorinated water.

Take 2 tsp of the diluted rennet and add it to the milk.

- Stir gently for 30 seconds.
- If the rennet is working, the milk surface will
- form a slight film in 2 minutes and will have formed a firm curd within 6 minutes.

If not, it might be time to get some new rennet.

* * *

THIS YEAR'S PICNIC HELD AT SPRINGBANK PARK

Dan Brock

It was a perfect day for this year's annual picnic for London and area's Maltese community and friends which was held in London's Springbank Park on Friday, July 7th. More than 40 were in attendance during the day.

The picnic was originally planned for Thursday, July 6th, but the threat of heavy rain caused the date to be changed.



Tony Galea brought the Canadian and Maltese flags which once belonged to the former Maltese Canadian Club of London

Most had arrived by noon in time for lunch. Afterwards, many of the women played bingo with Mannie Micallef as the caller.

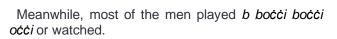


The Maltese Presence in North America

July 2023















Later, Linda Clifford introduced a few of those present to the card game known as Spite and Malice. The participants seem to enjoy this new card day's outing was the degree of helpfulness by many game.



Among those present during the day were several who were making a first-time appearance at our picnic. Among these were Marisa Zammit and Miriam Allistone.



Melrose Paquet and her daughter, Jennifer

One of the things which impressed me about this present for those with mobility or health issues.

Several deserve to be thanked for making the day the great success it was. Foremost among these is Melrose Paquet who arranged the location, date and time for the picnic, the rental of the pavilion and then, at the last minute had to quickly, albeit successfully, change the date owing to adverse weather conditions.



Miriam Allistone, Tessie Spiteri, and Melrose Paquet

Photos courtesy of Dan Brock and Miriam Allistone

BINGO AND PASTA DINNER

Rita Borg

Another successful bingo and pasta dinner was held at the Maltese-American Social Club of San Francisco, on Saturday, July 8th. Everybody had so much fun, lots of winners, good food, and good company. Thank you to all the volunteers for making this possible.

















July 2023



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MALTESE ORGANIZATIONS IN NORTH AMERICA

Festa San Gejtanu Association

c/o 5745 Coopers Avenue, Mississauga, ON L4Z 1R9 647-232-8845

Festa San Gorg Association of Toronto

c/o 36 Sequoia Road, Vaughan, ON L4H 1W6 905-216-8432/416-277-2291

Gozo Club Toronto

c/o 1205 Royal York Road, Toronto, ON M9A 4B5 416-231-9710 gozoclub@gmail.com

Inanna on Stage

www.joannedancer.com c/o 356 Pacific Avenue, Toronto, ON M6P 2R1 416-707-2355 desertdancer007@yahoo.ca

Knights of Columbus - Canada – Council # 12782

c/o St Patrick's Church, 921 Flagship Drive, Mississauga, ON, L4Y 2J6 905-270-2301 (Church) <u>stpatricksmi@archtoronto.org</u> Grand Knight Amadeo Cuschieri

Legion of Mary – "Our Lady of the Migrant"

c/o St. Paul The Apostle Parish 3224 Dundas St. W., Toronto M6P 2A3 Tel: 416-767-7054 www.saint-paul-Maltese.com stpaulmssp@gmail.com President: Mary Vella

Lehen Malti

https://www.omnitv.ca > shows > lehen-malti c/o 2387 Chilsworthy Avenue., Mississauga, ON L5B 2R4 Contact Person: Joe Sherri 416-571-3944 email <u>.lehenmalti@hotmail.com</u>

Malta Band Club

5745 Coopers Ave., Mississauga, ON L4Z 1K9 905-890-8507 www.maltabandclub.com maltabandclub@bellnet.ca

Malta United Society of Windsor, Ontario

2520 Seminole St., Windsor, ON N8Y1X4 519-974-6719 <u>maltaunitedsociety.windsor@gmail.com</u> Opening hours: Saturday 6:30 p.m.-12:00 a.m.

Malta Village Association (Est. 1995)

c/o 3256 Dundas Street West, Toronto M6P 2A3 Tel: 416-769-2174 Fax: 416-769-2174 <u>maltabakeshopltd@gmail.com</u> att: Antonia Buttigieg

Maltese American Benevolent Society

1832 Michigan Ave. Detroit, MI 48216 313-961-8393 <u>http://detroitmaltese.com</u> Opening hours: Friday 5:00 p.m. – 9:00 p.m. Sunday 12:00 p.m. -9:00 p.m.

Maltese American Community Club of Dearborn

5221 Oakman Blvd, Dearborn, MI 48126 313-846-7077 info@malteseamericanclub.org Opening hours: Monday, Wednesday & Saturday 10:00 am. – 1:00 p.m. Dinners served: Friday evenings 6:00 p.m. – 10:00 p.m. Before and after 7:00 p.m. first Friday Mass

Maltese-American Social Club of San Francisco

924 El Camino Real, South San Francisco, CA 94080 650-871-4611

contact-us@Maltese-AmericanSCSF.org

Opening hours: Tuesday 5:00 p.m. – 9:00 p.m. (every 2nd Tuesday of the month only) Thursday 5: p.m. – 10:00 p.m. Friday 5:00 – 1:00 a.m. Sunday 9:00 am.- 5:00 p.m.

Maltese Canadian Association of the City of Hamilton (MCACH)

c/o 381 Fairview Drive, Brantford ON N3R 2X7 mcach1964@gmail.com

Maltese Canadian Association (Gozo)

c/o Trillium, Sqaq Nru 1, Triq it-Tigrija, ix-Xagħra Tel: 011 356 21560656 mcagozo@hotmail.com

Maltese Canadian Business Network Association (MCBNA), (Toronto)

c/o 2387 Chilsworthy Avenue, Mississauga, ON L5B 2R4 416-980-1975 mcbna2018@gmail.com

Maltese-Canadian Cruisers

c/o 5745 Coopers Avenue, Mississauga, ON L4Z 1R9 416-524-2573 att: Gianni Borg

Maltese-Canadian Cultural Association (Est.

2018) c/o 2387 Chilsworth Avenue, Mississauga, ON L5B 2R4 416-571-3944 joesherri@rogers.com

Maltese Canadian Federation, The (Toronto)

c/o 2387 Chilsworth Avenue, Mississauga, ON L5B 2R4 416-571-3944 joesherri@rogers.com

Maltese-Canadian Museum Archives and Visitors Centre

St. Paul the Apostle Church Complex 3224 Dundas St. W., Toronto, ON M6P 2A3 416-767-7054

Maltese Canucks

c/o 3336 Dundas Street West, Toronto, ON, M6P 2A4 416-909-7357/414-670-2662 carl@isgtransport.com/b_azzo18@yahoo.com

Maltese Center, NYC

27-20 Hoyt Ave. S. Astoria, NY 11102 718-728-9893 info@themaltesecenter.com

Opening hours: Wednesday and Friday 5:00 p.m. – 11:00 p.m. Saturday and Sunday 8:00 a.m. – 7:00 p.m. Maltese Cross Foundation of California PO Box 698, San Carlos, CA 94070

Maltese Culture Club of Durham c/o 124 Ribblesdale Drive, Whitby, ON L1N 7C8 289-939-8377 mmmpastizzi@gmail.com

Maltese Heritage Association San Francisco Bay Area maltesheritageassociation@gmail.com

Maltese Heritage Program (Toronto) c/o 59A Terry Drive, Toronto, ON, M6N 4Y8 Coordinator: Carmen Galea 416-766-5830 gormija@sympatico.ca

<u>Maltese Historical Society (San Francisco)</u> <u>c/o leprofess@aol.com</u>

Melita Soccer Club Inc.

3336 Dundas St. W., Toronto, ON M6P 2A4 416-763-5317 msc@melitasoccerclub.com

St. Paul the Apostle Parish

3224 Dundas St. W. Toronto, ON M6P 2A3 416-767-7054 www.saint-paul-maltese.com stpaulmssp@gmail.com

St. Paul the Apostle Parish Mission Group

c/o 281 Gilmour Ave., Toronto, ON M6P 3B6 416-708-8627 www.facebookcom/john.vella.1044186 giovanvel@sympatico.ca

St. Paul the Apostle Youth Group (Toronto)

3224 Dundas Street West, Toronto, ON M6P 2A3 647-524-1115 jason.borg@hotmail.ca/sborg@rogers.com

St. Paul's Maltese Choir

c/o St Paul the Apostle Parish 3224 Dundas St. W., Toronto M6P 2A3 416-767-7054 www.saint-paul-maltese.com stpaulmssp@gmail.com President: Lino Debono

DETROIT'S MALTESE SOCCER CLUB – 1956

Prior to Its League Match at Patton Park between Dix Avenue and Woodmere Street

Mark Trzeciak



Back Row: Charlie "Namu" Xuereb (coach), George _____, Carl Barrett?, Charlie Muscat, _____, Louis _____, Charles Boweman, John Gatt, Frank Mifsud (manager), Carmel Sapiano Front Row: Larry Tabone, Pius Xuereb?, _____, ____ Micallef, Tony Spiteri, _____